

TRAINING AGENDA – IMAGE CONSULTING

JOB INTERVIEW – BE READY TO BE HIRED!

(1,5 HOURS TRAINING)

1. Topics covered during the training

- You never get a second chance to make a good first impression
- Choose the right attire for your professional environment
- Your image speaks about you

2. The theory

- What is first impression?
- Learn how to take care of your image
- What colours to wear to a job interview

3. The practicalities

- Stand out and be hired!
 - The way you dress
 - The way you behave
- Master your job interview!
 - be prepared for the interview
 - ask questions
 - be your most authentic professional self

In this seminar, you will learn how to present yourself for a successful job interview. The outfit (colours, cut and style) must be adapted to the professional environment; the attitude must be irreproachable to make a good first impression.

We will see how to master the signals that the body language and eye contact sent to the hiring person to achieve your objective: be hired!